

Welcome Back Penguins,

Welcome to the 2011-12 school year. Last school year we ended with a BANG. With over 27 million dollars in scholarships, several students that studied abroad, lucrative internships and awards, and awesome AP scores that exceeded national averages we are floating on cloud nine. This year we are expecting to have a greater year. Congratulations to the incoming freshmen class of 2015. We believe that you will find University High School to be an intimate school-wide community that supports students and FAMILIES. The counseling department is merely one of several support systems for students and families. If at any time you need assistance please do not hesitate to contact us directly!

There are several things that will be covered in this newsletter. Starting off you should know that the UHS Counseling Department is very strategic and intentional in our provision of services to the UHS community. Our counseling structure reflects the diverse needs of our population. Students are not assigned a counselor based on alpha designation but *student need*. What this means is that every student has *four* counselors instead of one assigned by alpha. The structure of the department is based on each counselor's areas of expertise. Our aim is to help increase self-advocacy and communication in students. Our new phrase for this year...*growth opportunity*. Students are being equipped not only academically but also socially with habits of mind that will increase high school and post-secondary achievement! Please see the chart below for vetting your student's needs. Please feel free to contact us at your leisure if there is a concern or an issue. We are here to serve you.


As with any new school year this is a time of excitement and expectation. This year we are implementing a parent and student survey to assess the needs of our students and families as well as to evaluate the services that we provide. Please look out for the parent survey that will be coming out next week. We ask that you evaluate the counseling department so that we can be sure that every student and family has access to our programs and so that we may improve what we have. If there is anything that we can do for you please do not hesitate to call on us!

Featured below you will find important information for ALL students and the monthly calendar of events. Until next month, reach for the stars Penguins.

Sincerely,  
Tammy, Kirsten, Carmen and Treya.

<b>Name</b>	<b>Position</b>	<b>Expertise</b>	<b>Location</b>	<b>Contact Information</b>
Treya Allen	College and Career Readiness Coordinator	College and Career Readiness	UHS Counseling Office	<a href="mailto:Treya.allen2@tusd1.org">Treya.allen2@tusd1.org</a> 520-232-5900
Kirsten Cook	Counselor	Post-Secondary Matriculation	UHS Counseling Office	<a href="mailto:Kirsten.cook@tusd1.org">Kirsten.cook@tusd1.org</a> 520-232-5900
Carmen Hernandez	Learning Supports Coordinator	Recruitment Enrollment Retention Proactive Intervention	RUHS Admin Building	<a href="mailto:Carmen.hernandez@tusd1.org">Carmen.hernandez@tusd1.org</a> 520-232-5907
Tammy Janik	Assistant Principal C&I	Social-Personal Academic Advising	RUHS Admin Building	<a href="mailto:Tammy.janik@tusd1.org">Tammy.janik@tusd1.org</a> 520-232-5900

# You're Invited - UHS Open House 2011-2012



University High Open House

You are cordially invited to University High School's  
2011-2012 Open House.

Please bring your student and/ or their schedule and come meet the  
UHS faculty and Staff. We look forward to meeting you.

Date: 08/23/2011 Need More Information?

Time: 6:00 pm Carmen Hernandez

Please meet in the RUHS Phone: 520-232-5907  
auditorium for introductions. Fax: 520-232-5911  
E-mail: carmen.hernandez@tusd1.org



## School Supply Bank Campaign

Ms. Allen will be starting a school supply bank. Donations are now being accepted by Ms. Allen in the counselor office. If you would like to contribute please contact Ms Allen via email at [treya.allen2@tusd1.org](mailto:treya.allen2@tusd1.org).



## UHS Student LISTSERV

UHS Counseling Department is going **GREEN** and we are starting with student communications. UHS students are encouraged to join the UHS student listserv by sending Ms. Allen their current email address and grade level to [treya.allen2@tusd1.org](mailto:treya.allen2@tusd1.org). Students will receive up to date information on scholarships, internships, college info and much more!

## IMPORTANT DATES FOR ALL UHS STUDENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25	26	27
28	29	30	31	Sep 1	2	3
4	5 NO SCHOOL	6	7	8	9	10 ACT EXAM
11	12	13	14	15	16	17

**AIMS Retakes for Juniors Deadline- August 22, 2011**  
**UHS Open House- August 23, 2011**  
**ACT Late Registration Deadline August 26, 2011**  
**Senior Parent Night- August 30, 2011**  
**Labor Day- No School- September 5, 2011**  
**Freshmen Parent Night- September 6, 2011**  
**ACT Exam- September 10, 2011**  
**ZAPS PSAT/SAT Seminar (Review) - September 12-13**  
**Parent Teacher Conferences- September 15, 2011**  
**Sophomore/ Junior Night- September 15, 2011**



## SENIOR NEWS

Kirsten Cook will be speaking with all seniors in their English class to ensure that they are ready for graduation and the college application process. Please be sure to ask your student about the *2012 College Planner*.

Need a recommendation? Be sure to schedule your appointment with Mrs. Cook ASAP. **Students must submit requests 3 weeks before the deadline, no exceptions!**

**Senior Night 2011 - August 30, 2011** is the UHS Senior Parent Night meeting all students and parents are encouraged to come. Invaluable information will be handed out as well as representatives from the Flinn Foundation, in-state universities and financial aid night information will be available to you!

### College Visits Schedule:

Date	Time	College/ University	Representative	Location
08/25	9:00	Tufts	Ben Esparza	UHS Counseling
9/14	1:00	Caltech	Karly Brockett	UHS Counseling
9/16	9:30	Hampshire College	David Wagner	UHS Counseling
9/19	10:45	Univ. of Alabama	Jessica Warren	UHS Counseling
10/05	8:30	George Washington University	Rob Ramey	Auditorium Lobby
10/05	9:00	Cornell Univ.	Erika Pepmeyer	Auditorium Lobby
10/05	10:30	Pomona College	Jonathan Peterson	Auditorium Lobby
10/05	10:30	Saint Mary's College	Damien Fatongia	Auditorium Lobby
10/05	10:45	Swarthmore	Sue Wigo	Auditorium Lobby
10/05	12:00	Univ. San Diego	Valerie Kennedy	Auditorium Lobby
10/06	10:45	University of Puget Sound	John Hanson	UHS Counseling
10/07	8:30	Seattle Univ.	Gwen Jackson	UHS Counseling*
10/07	9:00	Washington Univ.	Julia Martin	UHS Counseling*
10/07	9:30	Boston Univ.	Liam	UHS Counseling*
10/11	1:00	Duke Univ.	Stephen McLaughlin	UHS Counseling
10/31	9:30	Carnegie Mellon	Jason Navinger	UHS Counseling
11/03	10:00	St. Andrews Univ. of Scotland	Gillian Gardner	UHS Counseling
11/09	9:30	Smith College	Lia Brassord	UHS Counseling

# AUGUST SCHOLARSHIP LISTING

# = Juniors (or all grades) eligible

## Locally Awarded College and University Scholarships (Note: Most local scholarships are available in the spring – Watch for updates!)

Listed by Due Date

<b>Title:</b>	<b>Arizona Dream Builder – 2012 Dream Scholars Award</b>
<b>Eligibility:</b>	Seniors enrolled as a full time student at an Arizona high school, have a 2.5 or better GPA, and have personally demonstrated a commitment through school and community leadership to the ideals of the world's great leaders such as Dr. Martin Luther King Jr. <b>No residency or citizenship requirement!</b>
<b>Requirements:</b>	Complete paper application (available at the website below), including essay and 2 letters of recommendation.
<b>Amount:</b>	\$4,000
<b>Due Date:</b>	<b>9/16/11</b>
<b>Website:</b>	<a href="http://www.azdreambuilder.org/">http://www.azdreambuilder.org/</a>

<b>Title:</b>	<b>Violet Richardson Award - Soroptimist International Desert Tucson Chapter</b>
<b>Eligibility:</b>	Young women between the ages of <u>14-17</u> . The Violet Richardson Award recognizes young women who make the community and world a better place through volunteer efforts such as: fighting drugs, crime and violence; cleaning up the environment; and working to end discrimination and poverty. Volunteer actions that benefit women or girls are of particular interest.
<b>Requirements:</b>	Complete application available on-line. Follow the instructions carefully as you must email the document to submit it!
<b>Amount:</b>	28 awards at \$1,000 each plus additional donations to the student's volunteer organization.
<b>Due Date:</b>	<b>12/1/11</b>
<b>Website:</b>	<a href="http://www.sideserttucson.org/awards/">http://www.sideserttucson.org/awards/</a>

<b>Title:</b>	<b>Arizona Milk Producers' Scholarship</b>
<b>Eligibility:</b>	Seniors who are Arizona residents and are planning on enrolling full time (12 credits) at ASU, NAU, or UA for Fall 2012. Employees and family members of Arizona Milk Producers are not eligible.
<b>Requirements:</b>	Students must submit entries including name, complete address, and telephone number along with a milk mustache photo of yourself (be creative), a paragraph (not to exceed 150 words) on why you drink milk, and a label from a milk product. (See website for more info and mailing addresses)
<b>Amount:</b>	Up to \$10,000 towards college expenses, tickets to home football games, VIP tickets to the Fiesta Bowl.
<b>Due Date:</b>	<b>Weekly drawings up to October 31, 2011</b>
<b>Website:</b>	<a href="http://www.dairycouncilofaz.org/consumers/default.asp?page=Fiesta_Bowl">http://www.dairycouncilofaz.org/consumers/default.asp?page=Fiesta_Bowl</a>

## University of Arizona Scholarships

Note: UA Applications (seniors should apply **NOW!**) and FAFSA forms (**not before 1/1/12**) must be completed and submitted no later than March 1, 2012 to receive priority financial aid and scholarship consideration. You do not need to have taken the SAT or ACT before applying but you must take one or the other before March 1, 2012.

Please visit the UA “How to Apply for Financial Aid” website for general financial aid information - <https://financialaid.arizona.edu/apply/freshmen>

<b>Title:</b>	<b>Arizona Assurance</b>
<b>Eligibility:</b>	Seniors who are Arizona residents, will enroll at the UA full time for Fall 2012, have earned an unweighted, cumulative high school GPA of 3.0 or higher (on a 4.0 scale), and who have a family income of \$42, 400 or less.
<b>Requirements:</b>	<b>Complete UA application now!</b> Complete FAFSA <b>(not until 1/1/12 but before 3/1/12)</b> . You will be notified of other requirements including completion of the CSS Profile. <b>Note: failure to complete all necessary requirements but specific deadlines may disqualify you from receiving this award!</b>
<b>Amount:</b>	All unmet financial need after grants and work/study, and some loans are awarded. Note: This means a “full ride” including books and room and board!
<b>Website:</b>	<a href="https://financialaid.arizona.edu/assurance/Default.aspx">https://financialaid.arizona.edu/assurance/Default.aspx</a>

<b>Title:</b>	<b>UA Honors College - The Baird Foundation Scholarship</b>
<b>Eligibility:</b>	<b>This scholarship requires a nomination – if you meet the eligibility below please see Mrs. Cook ASAP!</b> Seniors who are US citizens and Arizona residents, who intend on enrolling at the UA for Fall 2012. Nominees must have a min. 3.5 GPA and have demonstrated evidence of leadership qualities.
<b>Requirements:</b>	<b>Must be nominated by UHS Faculty. Please see Mrs. Cook for more info.</b>
<b>Amount:</b>	<b>\$10,000</b> Renewable for 3 more years with a min. 3.2 GPA.
<b>Due Date:</b>	Completed packet must be submitted by Mrs. Cook on <b>10/15/11</b>
<b>Website:</b>	<a href="http://www.honors.arizona.edu/ProspectiveStudents/baird.htm">http://www.honors.arizona.edu/ProspectiveStudents/baird.htm</a>

## Arizona State University Scholarships

Note: ASU Applications and FAFSA forms (**not before 1/1/12**) must be completed and submitted no later than **March 1, 2012** to receive priority financial aid and scholarship consideration. If you are a senior you should be submitting your application **now!**

Please visit the ASU “Student Financial Assistance” website for general financial aid information - <http://students.asu.edu/financialaid>

## Arizona Scholarships – UA, ASU, and NAU

<b>Title:</b>	<b>2012 Arizona Board of Regents Honors Scholarship</b>
<b>Eligibility:</b>	In order to qualify for this tuition scholarship, students must have Arizona residency with lawful immigration status (as defined by the University Admission Office), AND meet the academic criteria listed below.

### Part 1 (Course Competency)

Students must complete all [16 Core Competency Courses](#) by graduation with a B or better in each unit of credit awarded or receive an acceptable score on the Advance Placement (AP) test or a 4 on the International Baccalaureate (IB) test for that subject area. The 16 Core Competency Courses as defined by the [Arizona Board of Regents Tri-University Admission requirements](#) are: 4 units English; 4 units Math; 3 units Lab Science; 2 units Social Science; 2 units Foreign Language; and 1 unit Fine Arts.

\* A "C" in a weighted course in any credit bearing unit of a core course does not convert to a "B". The grade is as reflected on the student's transcript.

If a student receives a "C" in a core course he/she must complete one of the following options to remain eligible:

- Retake the unit of credit and receive a "B" or better
- Take an additional unit of credit in that subject matter and receive a "B" or better
- Receive an Acceptable Score (See [Table 1](#)) on the Advance Placement (AP) Test or a 4 on the International Baccalaureate (IB) test for that subject area

AND

### Part 2 (GPA/Class Rank)

Students must meet at least ONE of the following academic requirements:

- Option 1 - GPA: A CORE GPA of 3.50 IN THE [16 CORE COMPETENCY COURSES](#) on an un-weighted 4.00 scale or for those districts which use a 5.00 scale for IB/AP/Honors courses, an equivalent CORE GPA on a weighted scale that meets or exceeds the value in [Table 2](#).
- Option 2 - Class Rank: Student is in the top 5% of high school graduating class upon graduation.

AND

### Part 3 (AIMS Exams)

Students must meet the following assessment options:

**Option 1: EXCEED Standards on all 3 of the AIMS Exams (Reading, Writing, and Math) by the end of junior year. The AIMS Science exam does not count as one of the 3 AIMS exams, for purposes of this scholarship.**

**Option 2: EXCEED Standards on 2 of the AIMS HS Exams (Reading, Writing, and Math) and MEET Standards on 1 of the AIMS HS Exams by the end of their junior year.** Additionally, student would need to receive a minimum score of 3 on any two Advanced Placement tests or a minimum score of 4 on any two International Baccalaureate exams. AP/IB exams may be taken during the senior year.

AND

***And for the high school graduating class of 2013 and beyond only -***

### *Part 4 (SAT/ACT)*

*Students must meet at least one of the following admissions test options and submit scores to the university they apply to*

- *Option 1: At least a 28 on the ACT test*
- *Option 2: At least a 1300 on the SAT1 test (critical reading & math, excluding essay)*

**Amount:** Qualified students who graduate from high school in 2011 and 2012 will receive a full in-state university tuition scholarship valid beginning the first fall semester following graduation<sup>1</sup> from an Arizona high school. ***Qualified students who graduate from high school in 2013 and beyond will receive a 25% in-state university tuition scholarship.*** This scholarship must be claimed by the first spring semester following graduation from high school. Contact individual universities for exact deadlines for claiming award. The scholarship is fixed and renewable for an additional three years based upon university-determined criteria. The actual dollar amount of the scholarship will vary based upon the tuition charged by the state university in which the student enrolls.

**Due Date:** Requirements complete upon graduation.

**Website:** [www.ade.state.az.us/asd/tuitionwaiver/](http://www.ade.state.az.us/asd/tuitionwaiver/)

**Note:** No application is needed for this scholarship. You will be notified if you qualify.

## National Scholarships (good for any college or university unless noted)

Listed by Due Date

<b>Title:</b>	<b>Questbridge National College Match Scholarship Program</b>
<b>Eligibility:</b>	Seniors who have a strong academic record and an annual household income of less than \$60,000 who are planning on attending a <b>QuestBridge Partner college or university</b> (including Notre Dame, Cal Tech, Penn, M.I.T., USC and Yale, see website for full listing).
<b>Requirements:</b>	If you are interested in attending one of the colleges on their list you must complete a <b>free</b> on line application. (most colleges charge an application fee – QuestBridge waives that for you)
<b>Awards:</b>	Over 200 scholarships for tuition and room and board!
<b>Due Date:</b>	<b>9/30/11</b>
<b>Website:</b>	<a href="http://www.questbridge.org/for-students/ncm-national-college-match">http://www.questbridge.org/for-students/ncm-national-college-match</a>

<b>Title:</b>	<b>Wendy's High School Heisman Award</b>
<b>Eligibility:</b>	Seniors graduating in May 2012 who have a 3.0 or better GPA and who participate in one or more high school sponsored sports.
<b>Requirements:</b>	Complete on-line application. Application must be reviewed by a school official. Please follow directions on website.
<b>Amount:</b>	Wendy's gift certificates in various amounts, awards for your school and national recognition. The first 30,000 applicants automatically win \$10 Wendy's gift card!
<b>Deadline:</b>	Must be submitted by <b>10/2/11</b>
<b>Website:</b>	<a href="http://www.wendyshighschoolheisman.com/about/">http://www.wendyshighschoolheisman.com/about/</a>

<b>Title:</b>	<b>Horatio Alger Association Scholarship</b>
<b>Eligibility:</b>	Seniors who are U.S. citizens or permanent residents intending on pursuing a four-year degree (may start at a 2 yr college) with a family adjusted gross income of \$50,000 or less. Students should have a record of school/community service activities. <u>2.0 GPA minimum requirement.</u>
<b>Requirements:</b>	Complete online application. Letter of support (Applicants must be logged in to the application process to access this. <b>Faxes/emails will not be accepted.</b> ) You must submit an official High School transcript. Applicants have the option to either upload the transcript through the application or send it via mail. <b>Faxes/emails will not be accepted.</b> Online Certifications Form Must be completed by applicant's high school. Copy of the front page of your parent/guardian's 2010 individual federal tax return (1040, 1040A, 1040 EZ or 1099 SSA-Social Security Tax Form). If your parents were not required to file a tax return, include statement copies showing the amount of any government benefits, such as food stamps or Public Assistance documents.
<b>Amount:</b>	\$1000 - \$2000
<b>Due Date:</b>	<b>10/30/11</b>
<b>Website:</b>	<a href="https://www.horatioalger.org/scholarships/index.cfm">https://www.horatioalger.org/scholarships/index.cfm</a>

<b>Title:</b>	<b>Elks National Foundation Most Valuable Student Competition</b>
<b>Eligibility:</b>	Any high school senior who is a citizen of the United States is eligible to apply. Applicants need not be related to a member of the Elks. College students are not eligible to apply. Applicants must be citizens of the United States on the date their applications are signed; permanent legal resident status does not qualify. Male and female students compete separately.
<b>Requirements:</b>	Submit application found on-line or at your local Elks Lodge. Applicants will be judged on

financial need, leadership and scholarship.

**Amount:** Up to \$15,000 (Renewable up to \$60,000) 500 awards given!

**Due Date:** 12/01/11

**Website:** <http://www.elks.org/enf/scholars/mvs.cfm>

**Title: Gates Millennium Scholars Program**

**Eligibility:** African American, American Indian/Alaska Native, Asian Pacific Islander American or Hispanic American; 3.3 GPA, demonstrated leadership, qualify for and receive a Pell Grant (determined by submission of FAFSA in January 2012)

**Requirements:** Nominating form from professional educator based on outstanding academic qualifications; likely to succeed in math, science, education, engineering or library science; strong leadership potential and demonstrated commitment to community service. Recommender form from adult familiar with non-academic, community and work leadership activities.

**Amount:** To cover **all un-met** financial need to attend college.

**Due Date:** 1/11/12

**Website:** <http://www.gmsp.org/>

**Title: Davidson Fellows**

**Eligibility:** Students who are US citizens

**Requirements:** Any young person under the age of 18 who has completed an important piece of work in the fields of Mathematics, Science, Technology, Music, Literature, Philosophy or Outside the Box may apply to the program. They must also be prepared to describe their journey in developing the project and to explain its purpose and social relevance.

**Amount:** Up to \$50,000

**Due Date:** 2/1/12 **Some categories have earlier deadlines – check application!**

**Website:** <http://www.davidsongifted.org/fellows/>

**Title: Annual Signet Classic Scholarship Essay Contest**

**Eligibility:** Juniors and Seniors

**Requirements:** Application – Essay based on book “Emma” by Jane Austin. See website for details.

**Amount:** \$1000

**Due Date:** 4/13/12

**Website:** <http://us.penguinroup.com/static/pages/services-academic/essayhome.html>

**Title: Robertson Scholars Program (similar to the Flinn Scholarship Program)**

**Eligibility:** High School Seniors attending Duke University or UNC- Chapel Hill\*

**Requirements:** \*Please see website for more information.

**Website:** [www.robertsonscholars.org](http://www.robertsonscholars.org)

**Title: Eugene McDermott Scholarship Program (Similar to the Flinn Scholarship Program)**

**Eligibility:** Seniors Attending University of Texas- Dallas\*

**Requirements:** Please see website for more information.

**Website:** <http://www.utdallas.edu/mcdermott/>

**Title: Ron Brown Scholar Program**

**Eligibility:** The Ron Brown Scholar Program seeks to identify African-American high school seniors who will make significant contributions to society. Applicants must excel academically, exhibit exceptional leadership potential, participate in community service activities and demonstrate financial need. The applicant must be a US citizen or hold a permanent resident visa card.

**Requirements:** Please see website for more details

**Website:** [www.ronbrown.org](http://www.ronbrown.org)

**Due Date:** November 1, 2011 and Jan 6, 1012

**Title: Flinn Foundation Scholarship**

**Eligibility:** Rank in the top 5 percent of their graduating class;

Attain at least a 3.5 grade-point average;

Score a minimum 29 on the ACT or 1300 on the SAT I (critical reading and math sections only);

Participate and demonstrate leadership in a variety of extracurricular activities;

Be U.S. citizens;

Be residents of Arizona for the two years prior to entering the university.

**Requirements:** Please see website for further details

**Website:** [www.flinn.org](http://www.flinn.org)

## EARLY COLLEGE VISITATION AND ACADEMIC PROGRAMS

**Harvey Mudd College- 4<sup>th</sup> Annual Future Achievers in Science and Technology (FAST) Program**

This is an opportunity for high achieving , college bound high school seniors from populations that are underrepresented in Math and Science to experience Harvey Mudd College. The program is FREE for participants, including meals and travel expenses (if applicable). Fall FAST program participants also receive a fee waiver for their 2012 freshmen application.

**Dates:** September 16-17, 2011

**Information and Application:** [www.hmc.edu/factprogram](http://www.hmc.edu/factprogram)

**Kenyon College Access Trustee Opportunity Travel Grant**

For qualifying first generation and American students of color that will cover up to 90% of their costs to fly to Columbus, Ohio and transportation to Kenyon College in Gambier, Ohio. This is a great vehicle for eligible students to attend any of Kenyon's visit program. Transcript and completed application form must be submitted to evaluate eligibility. Please see Mrs. Allen for application.

Contact: Jennifer Delahunty, Dean of Admissions [delahuntyj@kenyon.edu](mailto:delahuntyj@kenyon.edu)